

## Exercise: How I Became a Man/Woman

### Questionnaire

Guiding questions for the small groups:

- Who and what did I play with when I was a child?
- What kind of clothes did I wear?
- What did I want to be when I grew up?
- Who were my idols?
- What were my parents like?
- What were the expectations of my environment of me as a boy/girl and later on?

